

MASTER GOTTMAN TRAINER

DR. JOHN "JACK"
CROSSEN
COUPLES DOING BETTER



See why thousands of professionals are turning to The Gottman Institute's powerful research on relationships.

- ✓ Expand your skills
- ✓ Help your clients heal
- ✓ Grow your practice

SIGN UP NOW

COURSE DESCRIPTION: Level 2 Gottman Couples Therapy provides advance instruction about assessment and intervention with multiple video demonstrations and role-plays. Build your confidence as you broaden and deepen your skills through the Gottman Method.

- Refine clinical skills and expand strategies and interventions in couples work with by observing and analyzing actual therapy videos.
- Differentiate when to use Gottman therapy and when it is contraindicated.
- Assess the couples profiles in areas of Friendship, Conflict and Shared Meaning.
- Use role-play to practice antidotes to the "Four Horsemen" to de-escalate Attack/Defend, to help couples to soothe physiological flooding, to guide couples develop dialogue about their grid-locked conflicts, and to help couples deepen their "Friendship System" with rituals of connection.
- Identify five different co-morbidities and select appropriate treatment strategies for each.

LEVEL 2 CLINICAL TRAINING GOTTMAN METHOD COUPLES THERAPY

*Assessment, Intervention,
and Co-Morbidities*

3 days of training for

\$800

Includes working lunches

May 9-11, 2019
Thursday-Saturday
8:30 am - 5 pm
Portland



See website for special discounts

Dr. Crossen is a licensed psychologist practicing in Oregon and a Master Gottman Trainer. He has taught at universities, including medical schools, and is a published researcher and a consultant for therapists.

drjackj@couplesgivingbetter.com
www.couplesgivingbetter.com

VENUE: 205 Business Center | First Floor Conference Room | 8383 NE Sandy Blvd, Portland
Continuing education credit available through R. Cassidy Seminars. See website for early-bird, students and teachers discounts.
Payment plans available. Early-bird deadline: May 3. Standard deadline: May 7. Registration limited to 12 people.