

GOTTMAN METHOD THERAPY

Level 2: Assessment, Intervention, Co-Morbidities

FREE! Up to 21.25 Continuing Education Credits

Level 2 Gottman Method Therapy provides advanced instruction on assessment and intervention by using video demonstrations and role-plays. This workshop uses modeling and feedback to broaden and deepen skills of couples therapy. The goals are therapist competence and confidence.

Unlimited Retakes. Participants may retake Level 2 at any time in the future with Dr. Jack.

Prices & Deadlines.

\$700 | Deadline: Dec 4, 2020 (Student: \$600)




\$750 | Deadline: Dec 6, 2020 (Student: \$650)

Customized payment plans available.

Pre-workshop interaction about specific training goals.

Participants will receive a 500-page clinical manual.

It contains the core Gottman Method Couples Therapy assessments and clinical interventions. Includes:

-  The Friendship Profile, Conflict Profile and Shared Meaning Profile.
-  Locke-Wallace, Weiss-Cerretto, Gottman Sound Relationship House and other assessments.
-  Information on addressing issues of affair, domestic violence, addictions and trauma.

Online Interactive Webinar

Dec. 10 | Thursday

11:30 am - 1 pm PST | 3 pm - 4:30 pm PST

Dec. 11 | Friday

9 am - 10:30 pm PST | 3 pm - 4:30 pm PST

Dec. 12 | Saturday

11:30 am - 1 pm PST | 3 pm - 4:30 pm PST

The sequence of Q&As and Role-plays is coordinated with the Videos.

Learning Objectives and Outcomes:

Internalize and integrate the powerful, research-based Gottman Method Assessment and Intervention techniques

- Refine clinical skills and expand strategies and interventions with couples by observing and analyzing therapy videos.
- Differentiate when to use Gottman therapy and when it is contraindicated.
- Assess the couples profiles and provide therapy-relevant help in domains of Friendship, Conflict Management and Creating Meaning.
- Practice guiding antidotes to the Four Horsemen. Help couples de-escalate Attack/Defend, soothe physiological flooding, develop dialogue about their grid-locked conflicts, and deepen their Friendship System with rituals of connection.
- Recognize 5 different co-morbidities and identify appropriate treatment strategies for each.



Jack Crossen, PhD

Master Trainer:



Dr. Crossen has been a Certified Gottman Therapist for couples since 2008, and has been a Master Gottman Trainer for therapists since 2015, including the Certification Track. He has assisted Drs. John and Julie Gottman at multiple couples workshops, and since 2012 he has been a Certified Leader of The Art and Science of Love workshop. He has practiced psychology in Oregon since 1986. Passions are playing tennis and reading historical mysteries.

L2

LEVEL 2 CLINICAL TRAINING
GOTTMAN METHOD COUPLES THERAPY
Assessment, Intervention, and Co-Morbidities

"Jack is an excellent teacher with a warm, supportive presence, wonderful sense of stories that highlighted so many key points!"