

Restore your love & intimacy

Online Couples Workshop



Dr. John "Jack"
Crossen
Marriage Therapist



Sabrina
Walters, MFT
Marriage Therapist

May-June 2021

Thursdays | May 20
4-6 pm PST | June 3, 10, 17 & 24

CERTIFIED
GOTTMAN
THERAPIST



Early Deadline: May 13
Late Dealine: May 17
12 midnight PST

REGISTER

[couplesdoing
better.com/event](https://couplesdoingbetter.com/event)

THE ART AND SCIENCE OF LOVE



MODERATED

MANAGE CHRONIC CONFLICTS

- Keep conflict discussions calm & productive.
- Breakthrough & resolve conflict gridlock.
- Change discouragement to dialogue.
- Transform emotional distance into understanding.
- Find resolutions to on-going fights.

DISCOVER SHARED DREAMS

- Foster respect, affection & closeness.
- Build & share a deeper connection with each other's inner world.
- Develop problem-solving skills as partners.
- Improve physical, mental & emotional intimacy.

Created by:

The Gottman Institute